

Join!



Middle School Cross Country

Who: 6th – 8th Grade boys and girls

When: August 24, 2020 - October 27, 2020

Where: Middle School

Daily Practice: 3:15 - 5:00 at MS unless notified otherwise

2020 Competitions: *(Times Tentative)*

August 22 - @Tecumseh 10 AM *(Optional)*

1. September 15 - @Hillsdale - LCAA Jamboree 5 PM
2. September 18 - @Forest Akers East Golf Course - East Lansing 5:20 PM
3. September 23 - @Onsted 4:30 PM *(MS Only)*
4. September 26 - @Pittsford 12:20 PM
5. October 1 - @Parkside 4:30 PM *(MS Only)*
6. October 3 - @Rustic Glen 9:00 AM
7. October 7 - @Ida - LCAA Jamboree 5 PM
8. October 8 - @Sand Creek 4:30 PM *(MS Only)*
9. October 10 - @Hudson 9 AM
10. October 17 - @Gerber Park - Lenawee Championship 9 AM
11. October 20 - @Hanover Horton 4:30 PM *(MS Only)*
12. October 24 - @Hidden Lake Gardens - LCAA Championship 10 AM

October 27 - Banquet 5:30 PM

What do you need to do?

1. All runners need a physical or sign the waiver for the 2020-2021 school year.
2. No prior running experience required!
3. Bring a good attitude.
4. Contact jeff.delezenne@clinton.k12.mi.us if your son/daughter would like to join the team. All the necessary forms can be found at <https://clintonathletics.net/main/filesLinks/> under Files & Links.
5. Stop by Signature Sewing and submit an order for MSXC Uniform T-Shirt (\$8) and Shorts (\$12).